

# Let's turn the tables on food insecurity...

*A hungry child can't learn.*

*A hungry adult is not productive.*

*A hungry family won't thrive.*



# ***CASE FOR SUPPORT***

Lynchburg's 24501 zipcode is **the fourth poorest zip code in all of Virginia** at an astounding 42% poverty rate compared to a national average of 24%.

The effects on children and families are devastating, often causing physical, mental, and emotional harm impacting many generations.

**With financial insecurity comes food insecurity.**

## ***WHY WE EXIST***

When a pressing need like hunger goes unmet, other matters can be pushed aside. When people don't eat as well, they don't learn or work or behave as well. Park View exists to **help** meet basic needs, to aid in **healing**, and to ultimately give **hope!**



# OUR 3-STEP PROCESS

We do this through five programs, each with the common goal of loving our neighbors as ourselves.

## STEP ONE: HELP WITH FOOD

End hunger; free the mind

- **Food for Families:** Our client-choice pantry allows our neighbors the dignity of shopping as any other consumer.
- **Food for Thought:** Our backpack feeding program began in 2018 to ensure every child leaving school on Friday has nutritious food to eat over the weekend. Hundreds of volunteers pack bags and deliver them to schools.

## STEP TWO: HEALING

Education to equip the mind

- **Life Skills Institute:** An essential part of addressing poverty is teaching our neighbors the skills they need to live a healthy life, reside in a clean environment, and earn a living wage. Currently four courses are offered.
  - Home Essentials
  - Getting Ahead
  - Going Beyond Education
  - Family Nutrition Program

# OUR 3-STEP PROCESS

## STEP THREE: HOPE

A hand up to stability

- Offering a hand up is an empty promise without the last ingredient: a handshake.
- Our **Community Resource Center** gives one-on-one guidance in locating assistance with issues such as housing, utilities, childcare, employment, health care, and more.



## ***IN JUST ONE YEAR***

**208,544**

meals were distributed in bags each weekend by Food for Thought

**2,000,000**

pounds of food went through the Food for Families pantry

**48,400**

individuals were fed through our programs

**32,000**

volunteer hours were logged

**41,990**

pounds of clothing were distributed



# ***DREAM WITH US...AND DREAM BIG!***

Hunger doesn't ever disappear. We are being ever vigilant and more effective by working together with other local agencies.

We are grateful for the support of dozens of businesses and each of the major colleges.

We envision greater participation by partner organizations, churches and civic groups.

We are expanding our roster of skill-building classes.

Our distribution area continues to expand.

## ***OUR GOAL***

To meet the needs of our community, we anticipate our cost being \$335,000 per year.

We can create real sustainability for the program if you help us raise ***one million dollars*** to cover our cost for the next 3 years.

**What part can you play?**



*We get help from sustaining partners,*



*But we need you to join us!*



*Help.  
Healing.  
Hope.*